

Becoming a volunteer is easy

VOLUNTEERmatch **Frederiksberg**



Become part of the volunteer communities

Voluntariness flourishes in Frederiksberg. Every day, the many volunteers put in a huge effort for the benefit of other people and for the city community. Many activities would simply not exist without the voluntary commitment.

It's easy to become a volunteer at Frederiksberg, and if you want to lend a helping hand, there are opportunities within sports, the environment, culture, the children and youth area, social activities, refugee assistance and much more.

Below you can read how we can help you get started as a volunteer.

VOLUNTEERmatch Frederiksberg

VOLUNTEERmatch matches volunteers and volunteer jobs. If you want to become a volunteer, but are in doubt what you are looking for or how to get started, **VOLUNTEER**match Frederiksberg can help.

You will find **VOLUNTEER**match Frederiksberg at the Main Library at Falkoner Plads 3.

Contact Volunteer Coordinator Bibi Agger and ask for an interview. You can call 28 98 18 70 or write to frivilligmatch@frederiksberg.dk. Then we will contact you.

In connection with the interview, we can guide you as follows:

- Clarifying which tasks and volunteer jobs will suit you
- Finding examples of volunteer work you might enjoy
- Contacting places that are looking for volunteers and have posted volunteer jobs

Frederiksberg Volunteer Portal

You can also look for a volunteer job by yourself.

Under “Job Bank” on the Frederiksberg Volunteer Portal frivillighed.frederiksberg.dk, all posted volunteer jobs in Frederiksberg are listed. You can access the Portal and see which of the current volunteer jobs are of interest to you and then contact the relevant voluntary associations or institutions.

On the Volunteer Portal you can also:

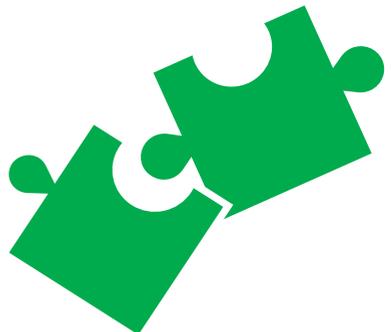
- Find handbooks and pamphlets about volunteering
- Read about pools, news and events for volunteers
- Read about other people’s experiences with volunteer work

Why become a volunteer?

There may be many different reasons for starting as a volunteer.

Many volunteers will experience:

- That they develop and gain new skills or become better at something they already know
- That they feel more energetic and happier when they make a difference to other people
- That they make new friends and acquaintances in connection with the volunteer work, or that they get a larger professional network.



Good to know about volunteer work

Confidentiality

As a volunteer, you are subject to a duty of confidentiality regarding the personal and financial affairs of individuals that you may become aware of through your volunteer work.

Child protection certificate

A child protection certificate will always be collected when the volunteer work involves contact with children under the age of 15.

Insurance

You will usually be informed in an interview or in a written volunteer agreement of the insurance conditions that apply where you choose to volunteer. It is always a good idea to have personal accident and liability insurance to avoid getting into a situation where you are not covered by insurance.

Volunteer work if you are outside the labour market

If you have the desire and interest, it is certainly possible to do volunteer work when you are outside the labour market. There are different rules for where and how much you may volunteer, depending on the benefits you receive. Always inform your unemployment insurance fund (A-kasse) or case manager about your volunteer work.

Further information

For further information on guidelines, please refer to the National Knowledge and Development Centre of Volunteering: www.frivillighed.dk/guides